

**Sidney Savin**

**Kohima Rations**

We were told there would be no shaving or washing, we would receive one pint of water per day per man and we would live on hard tack rations, relying for our rations and water on a daily air drop. And we did notice from the position of the parachutes that quite a few drops had missed the target area and we soon learned to watch for the free drops, which came down unaided and usually contained dehydrated vegetables. And I might add it was 'curtains' if one of those hit you