

Mm, toughest memory the one which was really hard is when one of my best friends was killed, that was a, that was the really hardest part. Day after my birthday as well and that was the worst part.

*Mm, can you explain what happened, is that okay?*

Yes. Mm, he was on patrol, mm, just doing a normal ground dominant, GD&R patrol, ground dominates, dominance and reassurance patrol. Mm, and it was eleven o'clock at night he was out patrolling and all you heard is there was a contact and he broke contact and, mm, bugged out down to a canal path or whatever. And obviously the valour [ph] man, I don't know what happened to be honest, you know, we, the next thing we got is an explosion and that's when I found out.

Mm, best memory was Christmas Day. Mm, obviously Christmas being away and the guys' morale was really low, and on Christmas Eve I said to my boss I said 'right'. At this time we were pushed into a new PB because obviously an incident had occurred in the Green Zone so obviously we were pushed up to hold the, mm, this current PB. And the guys' morale was low and at this time I, I said to the boss I said 'right, I'm just going to head back', and he's like 'what for'? I said 'I want to get some scoff ready to cook us some Christmas lunch for the blokes'. And he said 'yes, no problem'. So I went down and I just robbed the chefs blind, I just nicked everything I could. And then I made Christmas Day for the blokes, I just

made it so special for them. On the morning they got up and they had like a full English breakfast. And then Christmas Day was, Christmas dinner was the best. Turkey, we had a massive Turkey Crown and we had five or six little chickens all ready, all with full vegetables and everything with desserts and down after. And that just, the day made them a lot better, just brought them up a bit more.