

## Employability Durham health video transcript

[No audio throughout]

The background is blue. The Employability Durham logo appears in the top left corner and a QR code in the bottom left with small text above it that reads 'Get in touch'. Two large circles appear on screen, one with an image of two females picking vegetables from a vegetable patch and the other with text inside that reads 'Do you live with a health problem that holds you back?'

The circles roll off screen in an animated way. Text appears on screen that reads 'Would you like to make a positive change?' Next to that, a large circle appears, with text inside that also reads 'Employability Durham are specialists in breaking down barriers to help you achieve your personal goals.'

Seven small circles then appear on screen. One with a green background with text inside that reads 'We can support you with:' A green ring then goes around each circle on screen. Each circle has text in the middle and is highlighted in the following order. 'Identifying your strengths'. 'Building your confidence'. 'Trying new activities'. 'Accessing wellbeing support'. 'Volunteering or work options'. 'Upskilling and training'.

Everything then clears off the screen. The Employability Durham logo appears in the top right corner, the Durham County Council logo appears in the bottom right-hand logo and a Funded by UK Government logo appears in the top left. Text in the bottom left corner reads 'Contact details 03000 262 009, [employability@durham.gov.uk](mailto:employability@durham.gov.uk), [www.facebook.com/EmployabilityDurham](https://www.facebook.com/EmployabilityDurham)'

In the middle of the screen is a circle with the Facebook logo and a QR code that links to the Facebook page. There is text that reads 'Get in touch:'

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