Darrell Lyne Case study - video transcript

[Text: Darrell's Story]

[Soothing and uplifting music throughout]

[Video clip: Darrell walking into a coffee shop by the beach, sitting down and ordering a coffee]

"My name is Darrell and I'm a chef, and I wanted to join the army, I joined the catering corps as an apprentice, and then never really looked back.

[Video clip: Darrell standing on a beach with the sea in the background, talking to the camera as if giving an interview, interspersed with images of Darrell in the coffee shot, sitting at a table and enjoying a coffee]

"It's been cooking all my life. At the time, the military is best catering education that you can get."

"You're trained as a soldier first, and a chef second, so I didn't really like the military training, but I liked the cooking, but that was just you can't have one without the other."

"I won the army under 21 chef of the year. I was with the Army Air Corps at the time. And I had six months post into Clarence house with the Queen Mother but just cooking for the staff. The hours were good and it was a bit of a perk really."

"I came out in 95. But I started doing catering at an outside Bowls Club, took over the franchise and done the catering".

[Video clip: Darrel leaves the coffee shop and walks on to the beach with his dog]

"During COVID we got made redundant so I started doing part-time at a care home in Durham. It's a different style of catering because with people being elderly and frail, there's certain diets that we didn't, not used to doing, you had to do lots of training for the purees and the various consistencies of the food."

[Video clip: Darrell throwing a ball for the dog to chase along the sand]

"It is appreciated. It's like one big family with the staff and the residents, it can be quite good fun. It's not working with the public, you get the same people every day so you get to know their likes and dislikes." [Video clip: Darrell leaning on some railings looking out to sea]

"So I'd recommend it to anybody if they're looking for another job."

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