

Family Hubs video transcript

(Soothing music throughout)

[Text:] Family Hubs logo fades out

[Video clip:] Pans to basket on table filled with percussion instruments. Mugs with Family Hugs logo on portable table, drinks container, milk bottle. Pan to young women seated on play mat with baby in play room with toys.

[Text:] **Family Hubs offer a range of FREE activities, classes and support**

[Logos:] Family Hubs; NHS; Durham County Council, displayed throughout the video.

[Video clip:] Mother and baby on changing mat, weighing machine on table, with staff member.

[Text:] **From before you child is born, right up to 19...**

[Video clip:] Staff member opening door to sensory room filled with toys and lights, soft lighting, child enters room.

[Video clip:] Child observing upright lights filled with liquid with plastic fish floating up and down. Lights change colour.

[Text:] **or 25 if they have Special Education Needs and/or Disabilities (SEND)**

[Video clip:] Three young women 3 young children in play room, one seated with child on lap, others seated on the floor, chatting and laughing.

[Text:] **Make friends, share stories and learn new skills**

[Video clip:] Three women and one man in playroom, seated on floor surround by toys. Man feeding small baby. Chatting and laughing.

[Text:] **Make friends, share stories and learn new skills**

[Video clip:] Six women in playroom, one feeding holding a small baby, others talking. Soft quilting on the ground.

[Video clip:] Two adult men and a young girl with face painted, playing with bubbles in an outdoor space.

[Text:] **and have fun!**

[Video clip:] Large mixed group of adults, young children and babies standing, dancing, and chatting, playing. One boy with 'painted' arm faces camera, smiling.

[Text:] **and have fun!**

[Video clip:] Group of women seated on soft quilting on floor, with babies singing.

[Video clip:] Young children lying on mats on the floor, eyes closed, relaxing in darkened room with blue lighting.

[Text:] **We support mams, dads and kids with their health and emotional wellbeing.**

[Video clip:] Group of adults seated at a large table in office space with notebooks in discussion. One person standing.

[Text:] **We support mams, dads and kids with their health and emotional wellbeing.**

[Video clip:] Young child playing with sensory toys, rattles on black and white zigzag rug. Another child standing near her mother, talking to a staff member in an office space. Poster on the wall reads 'I C O N'

[Text:] **and the ups and downs of family life**

[Video clip:] Notice on the wall of building, 'If you need me (pictures of coats and jackets) Please Take Me.' Pans out to reveal clothes rack with assortment of coats and jackets for children.

[Video clip:] Staff member with little girl with face painted playing, messy play.

[Video clip:] Mother holding smiling baby.

[Logo:] Family Hubs

[Text:] **Here for your family**

[Text:] To find our more about Family Hubs visit www.durham.gov.uk/FamilyHubs

(Music fades out)