

My story

Mystory

Introduction - *important information for children, young people and their parents or carers*

Durham County Council would like to acknowledge the work undertaken by Early Support in developing a set of resources that can be used by families and by people who are working with them.

This document is based on the "Our Family, My Life", a resource from Early Support. The 'Our Family, My Life' resource is a family-held or young person held record, which brings together all relevant information about a child's or young person's needs and services supporting the child/young person and family.

This document can help you tell health practitioners, child minders, teachers, social workers or other practitioners about you and your family. It will help you not to have to repeat your story to every new person you meet. It can also help practitioners find a starting point in their work with you. It supports you through change and provides you with a way to keep a complete list of up-to-date contacts, helping you pass on accurate information to other people and giving practitioners a snapshot of all of those working with you and your family.

For completion by parents/carers

I agree that this information can be shared with professionals involved with:

_____ (child's name)

Signed: _____

Date: _____

My name is...



My story



Stick a photograph or two of you and/or your family here



My story



I chat by (e.g. speech, signing, PECS)...



Mystory

Information about me



Full name:

Date of birth:

Contact address:

Parent or carer

(indicate parental responsibility):

Telephone (including mobile):

Email:

NHS/NI number:

Other relevant registration numbers

(e.g. education)

The best times for me and my family to meet up with you are:

Where I live. What makes it more difficult for me or my family to attend appointments or meet professionals.

School/college work details (if appropriate)

Language used at home:

This plan should not be shared with anyone other than the people listed without the child/young person or Family First

Mystory

Stick your
photograph here



what people like and admire about me...

what's important
to me now...

The best way to help me now...

Mystory

My parents' or carers' views about me

what's important to them now...

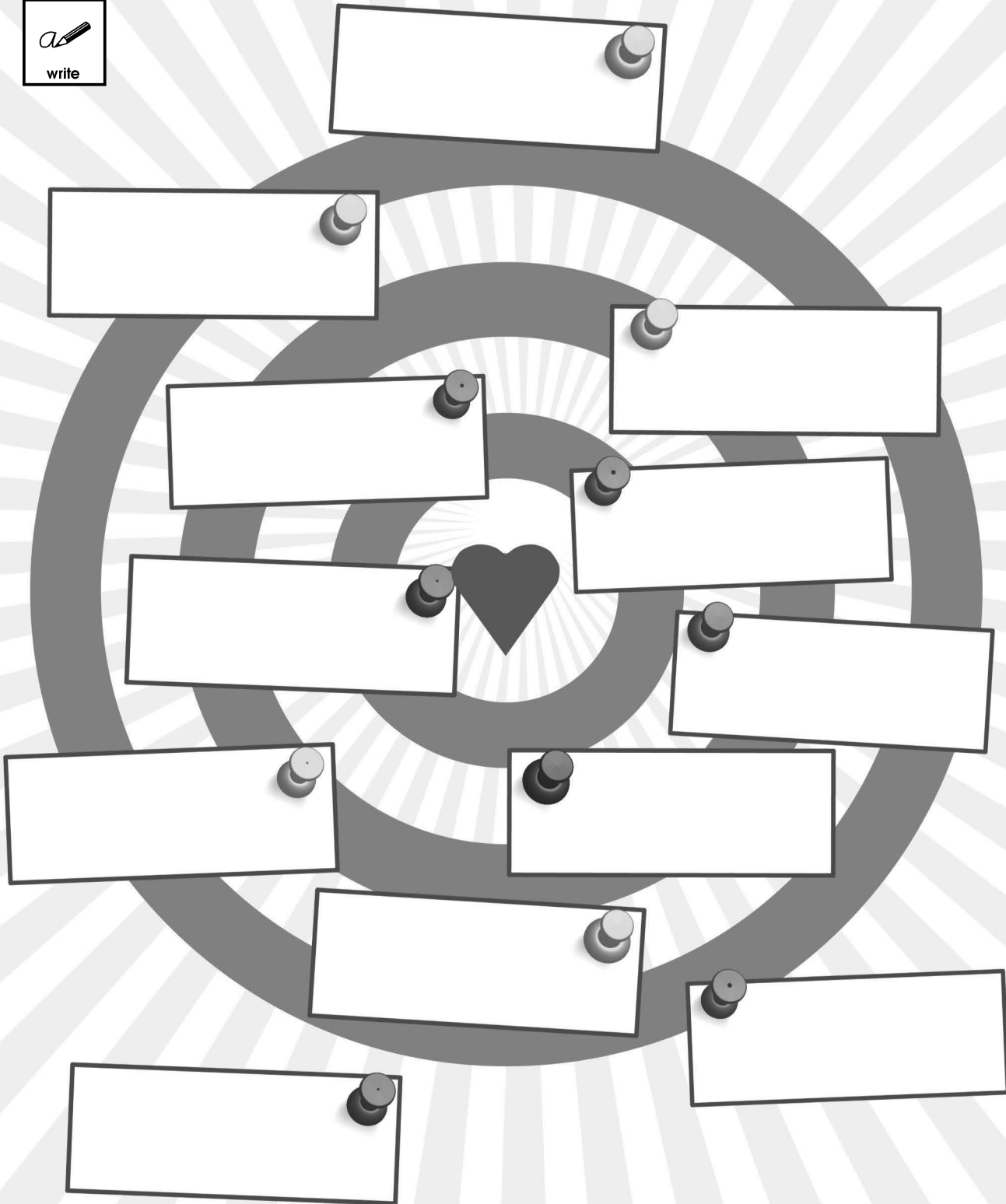


The best way to help me now...



Mystory

These are some of the important people in my life...



My story

what I want to do
in the future



How best to
support me
in the future

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other than the people listed without the child/
young person or Family First**

My story

what my parents
want for me in the
future



How my parents
think I can best
be supported in
the future

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young person or Family First**

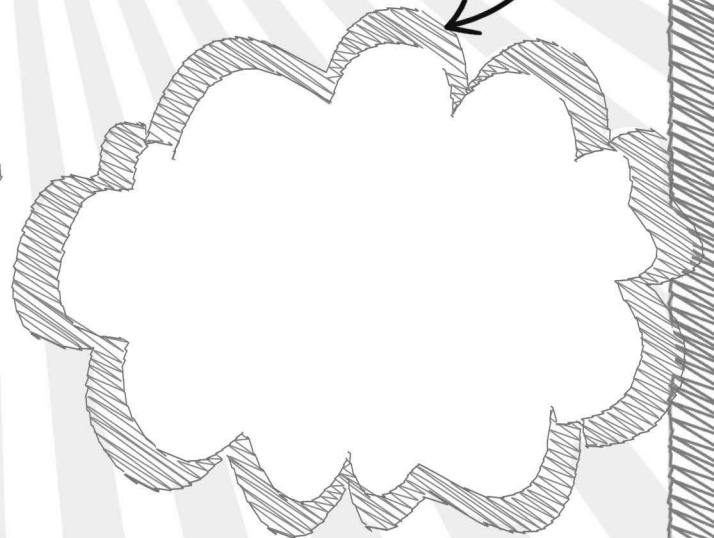
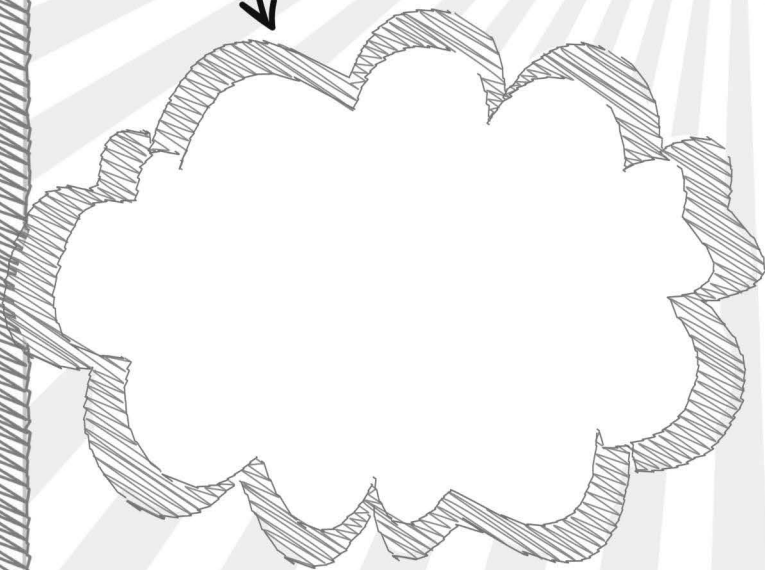
(This might include things that are likely
to be important for future health,
relationships, family, education,
independence, housing, community,
inclusion, play, friendships, further
education, university and employment).

My story

what's working...



what's not working so well...



*My*story People working with me and my family



Full name:

Professional role:

Telephone or mobile:

Email:

Date of first contact:

Full name:

Professional role:

Telephone or mobile:

Email:

Date of first contact:

Full name:

Professional role:

Telephone or mobile:

Email:

Date of first contact:

Full name:

Professional role:

Telephone or mobile:

Email:

Date of first contact: