



An Introduction to Social, Emotional & Mental Health (SEMH)

CPD training for school based staff

Children & Young People's Services



SEMH Needs - Why do we need to meet them?

- Social, emotional and mental health needs are common in both primary and secondary school
- 16.1% of primary pupils and 19.2% of secondary pupils on SEN support have SEMH identified as their **primary** type of need (DfE, 2016).
- These rates are increasing (Collishaw et al., 2010).
- Many more students are likely to have SEMH needs that are secondary to other types of SEND, and will require support.

“

My knowledge of SEMH needs

has increased ”

Quotes from previous schools

“

It was great to develop new ideas with colleagues to help support the needs of students ”

“

The CPD was helpful in exploring the ‘why’ behind behaviours ”

“

Excellent advice given

“

I feel more confident in meeting the needs of young people with SEMH ”

on strategies ”

Course Title: An Introduction to Social, Emotional & Mental Health

Objectives

- Develop understanding of SEMH and SEMH needs.
- Increase awareness of how to identify SEMH needs.
- Increase understanding of how to effectively meet SEMH needs.

Who would benefit from this training?

All school-based staff.

Brief description

This CPD is a whole school offer delivered during staff meeting sessions in which all staff are invited to attend. Schools have the option of a 1 x 90 minute session or 2 x 1 hour sessions.

The CPD provides the opportunity to gain further information relating to SEMH needs, focussing on what they are, how we can identify them and how to best provide support for SEMH needs within school.

There will be opportunities to explore behaviour as communication of need, reflect and share skills, strategies and experiences, and plan for supporting pupils with SEMH.

Cost

- Behaviour Panel Credits
- COL Credits
- Service Level Agreement.

**The Emotional Wellbeing & Effective Learning
Team (EWEL)**

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